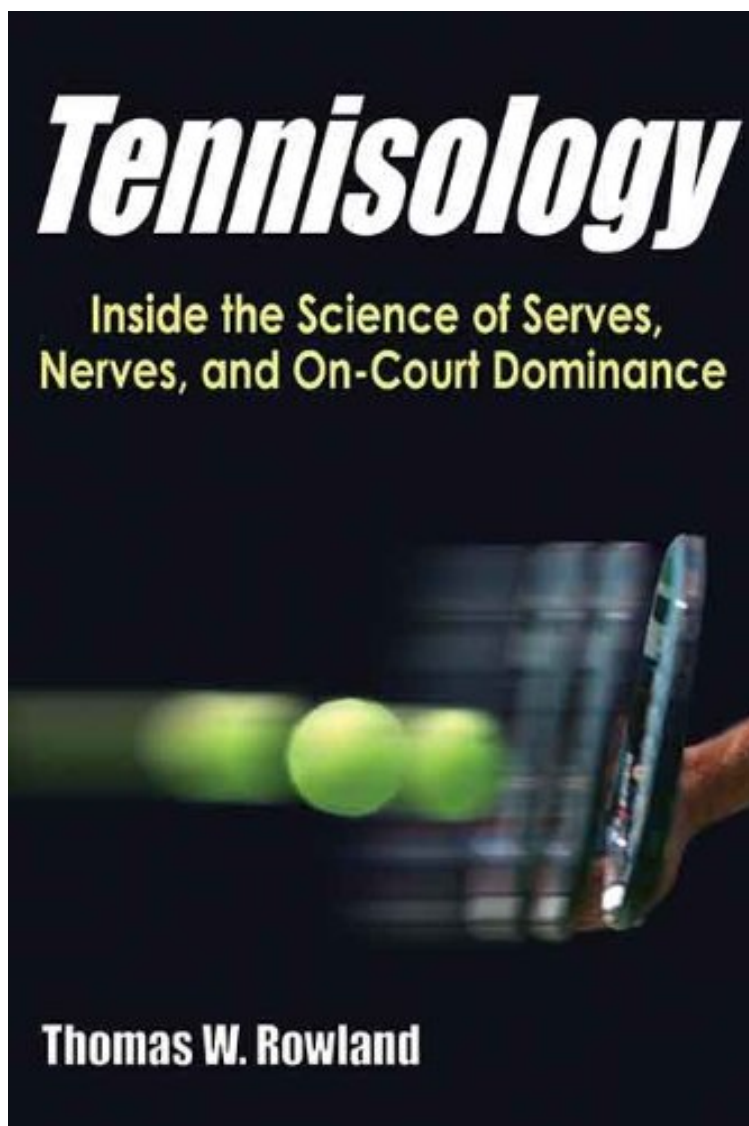


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University of Massachusetts. Rowland is the author of two previous books published by Human Kinetics, Children's Exercise Physiology, Second Edition and The Athlete's Clock.