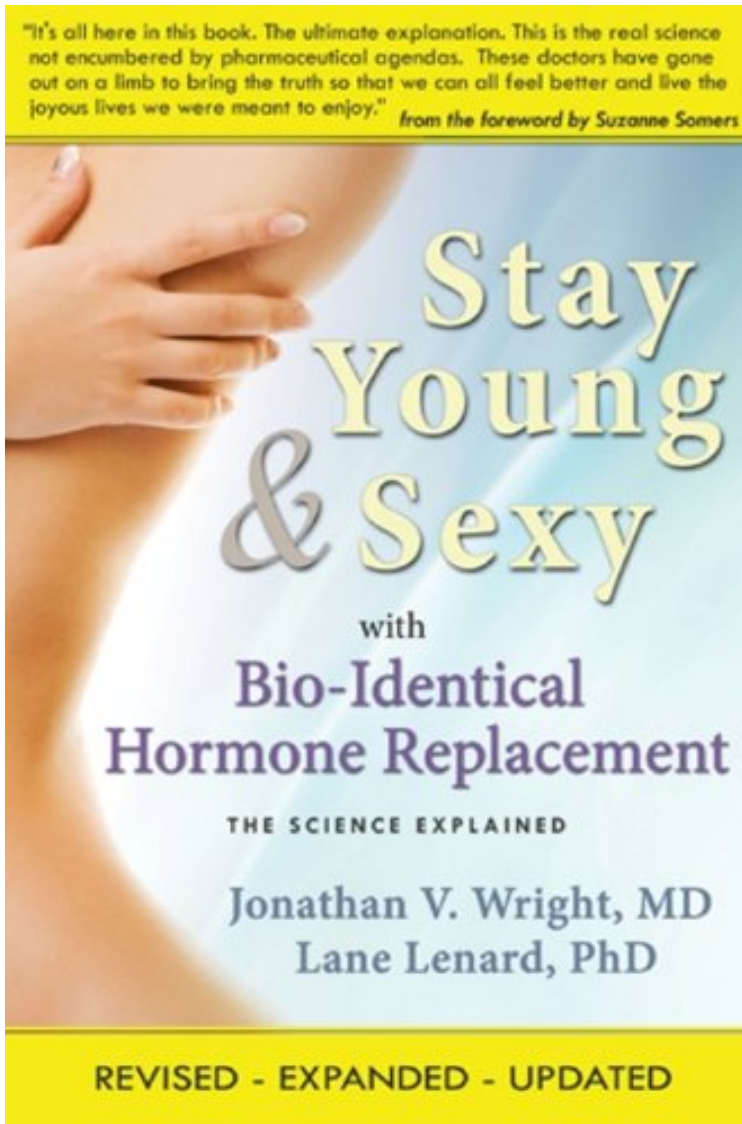


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Stay Young Sexy with Bio-Identical Hormone Replacement: The Science Explained



*Par Jonathan V. Wright, Lane Lenard
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Description :

Prsentation de l'diteurIt's been more than a decade since Dr. Jonathan Wright introduced the concept of bio-identical hormone replacement therapy (BHRT) with the book Natural Hormone Replacement for Women Over 45 (Wright JVV, Morgenthaler J. Smart Publications, 1997), at a time when only a handful of clear thinking, knowledgeable doctors had ever heard about bio-identical hormones. Many women first learned the truth about HRT and BHRT from that first book; others later heard about it from TV celebrity Suzanne Somers, who described her personal experiences with a different version of BHRT in the first of a series of books. But the real stampede away from HRT and toward BHRT began in 2002 with the premature

termination of a large, government-funded study-the Women's Health Initiative (WHI)-the results of which confirmed that the risks of conventional HRT unquestionably outweighed its benefits. In their new updated book, authors Wright and Lenard will bring to light many examples of forgotten or ignored scientific studies combined with up-to-date clinical experience that provide solid support for the safety and benefits of BHRT.

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