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# Lemon Essential Oil: Uses, Studies, Benefits, Applications Recipes (Wellness Research Series Book 10) (English Edition)

ANN SULLIVAN



**LEMON**  
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#547374 dans eBooksPubli le: 2015-04-  
30Sorti le: 2015-04-30Format: Ebook  
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## Description :

Prsentation de l'diteurWhat would you suggest as an all-around good essential oil for cleaning around the house? I have several small children so I am always concerned about germs and bacteria. Thanks for your help!My first recommendation would be Lemon essential oil. Lemon has several properties that make it one of the most versatile oils on the market. Lemon has a very invigorating aroma that also makes it one of the most preferred oils for cleaning around the house. If lemon isnt your thing, then my second suggestion

would be from the citrus section as well; citrus oils are favored for their cleaning benefits. Readers will discover the many properties associated with Lemon essential oil, as well as its common therapeutic uses. There are also safety precautions and recipes for supportive remedies included in this all-in-one eBook. Take a look at how powerful Lemon essential oil can be for your cleaning needs. To Your Health Happiness, Ann Sullivan

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