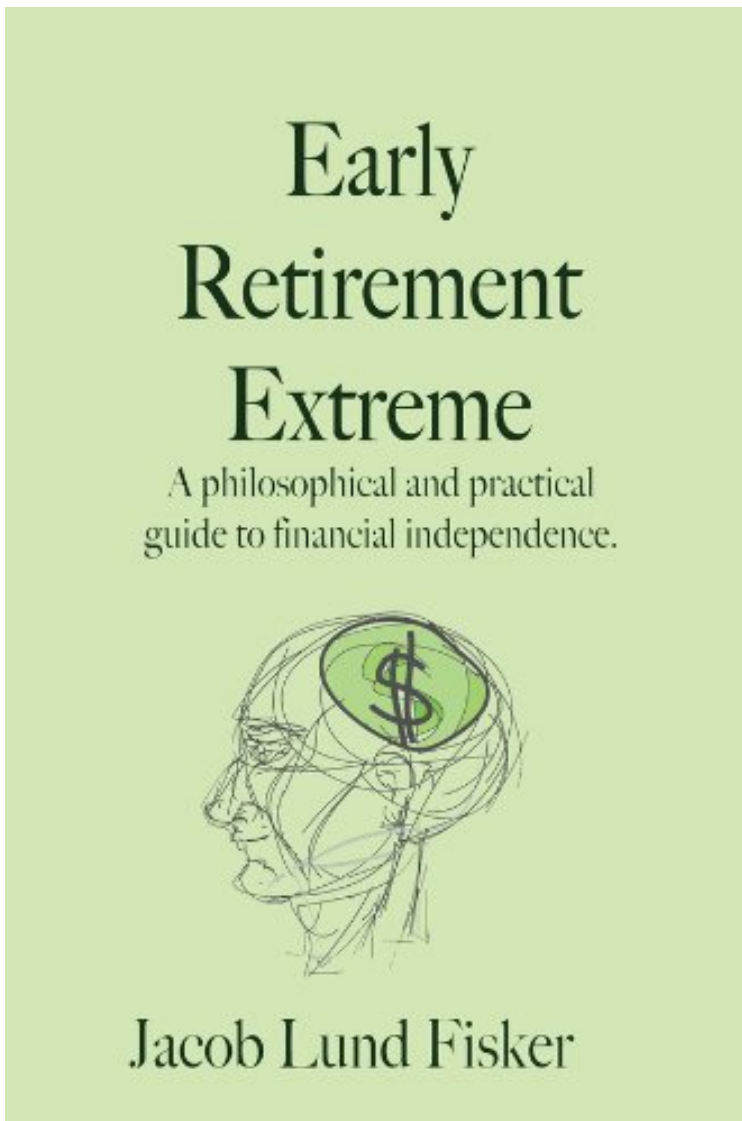


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Early Retirement Extreme: A philosophical and practical guide to financial independence (English Edition)



Par Jacob Lund Fisker
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producing can help people out of the consumer trap, and offers a path to achieving the freedom necessary to pursue interests other than working for a living. The principles in Early Retirement Extreme show how to break the financial chains that hold people back from doing what they truly want to do. The framework and principles revealed in the book has been used by many people over the last few years to accomplish a variety of goals. It provides people a means to achieve almost any goal, whether its debt-free living, extended travel, a sabbatical, a career change, time off to raise a child, a traditional retirement, or simply a desire for a more resilient and self-sufficient lifestyle. The book was initially written for people in their 20s and 30s, but its ideas arent limited to early retirees. Middle-aged people in the grips of consumerism can use the principles to take back control of their lives. People closer to retirement age who dont feel adequately prepared can use it to set themselves up for a comfortable retirement in a relatively short period of time. Anyone worried about their financial future can use the principles in Early Retirement Extreme to make their future more secure.

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Biographie de l'auteur Jacob Lund Fisker retired at 33 and wrote Early Retirement Extreme to share his systems-theory approach to personal economic efficiency with others. His ideas have been featured in articles in Forbes, CNBC, USA Today, US News World Report, The Guardian, PBS Next Avenue, The Atlantic, and many others.