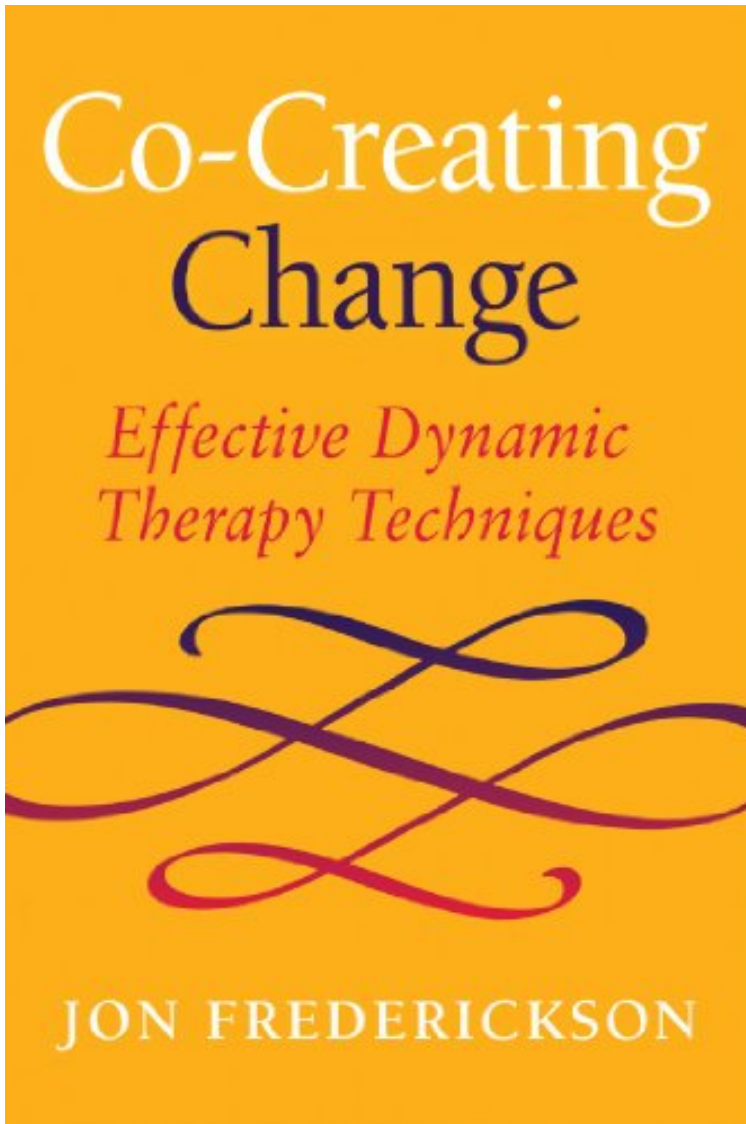


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Co-Creating Change: Effective Dynamic Therapy Techniques (English Edition)



Par Frederickson Jon
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patients' anxiety. - Teach patients to see and let go of their defenses. - Help patients stop resisting and start collaborating in therapy. - Facilitate patients who uses treatment-destructive defenses."This book is a brilliant master class. It demonstrates how to work collaboratively with patients safely compassionately and effectively to achieve successful outcomes."--David Malan DM FRCPsych author of Individual Psychotherapy and the Science of Psychodynamics"An incredibly useful book...Offers crystal clear and highly practical therapy techniques with plenty of transcript examples. Good for new and advanced practitioners of any therapeutic orientation." --Leslie Greenberg PhD author of Emotion-Focused Therapy"This is the clearest and most clinically useful exposition of Davanloo's Short-Term Dynamic Psychotherapy on the market."--Stanley B. Messer PhD Dean and Distinguished Professor Graduate School of Applied and Professional Psychology Rutgers University"Co-Creating Change is an invaluable source book for all therapists wanting to do work that is highly collaborative and deeply affecting."--Patricia Coughlin PhD faculty University of New Mexico and author of Intensive Short-Term Dynamic Psychotherapy