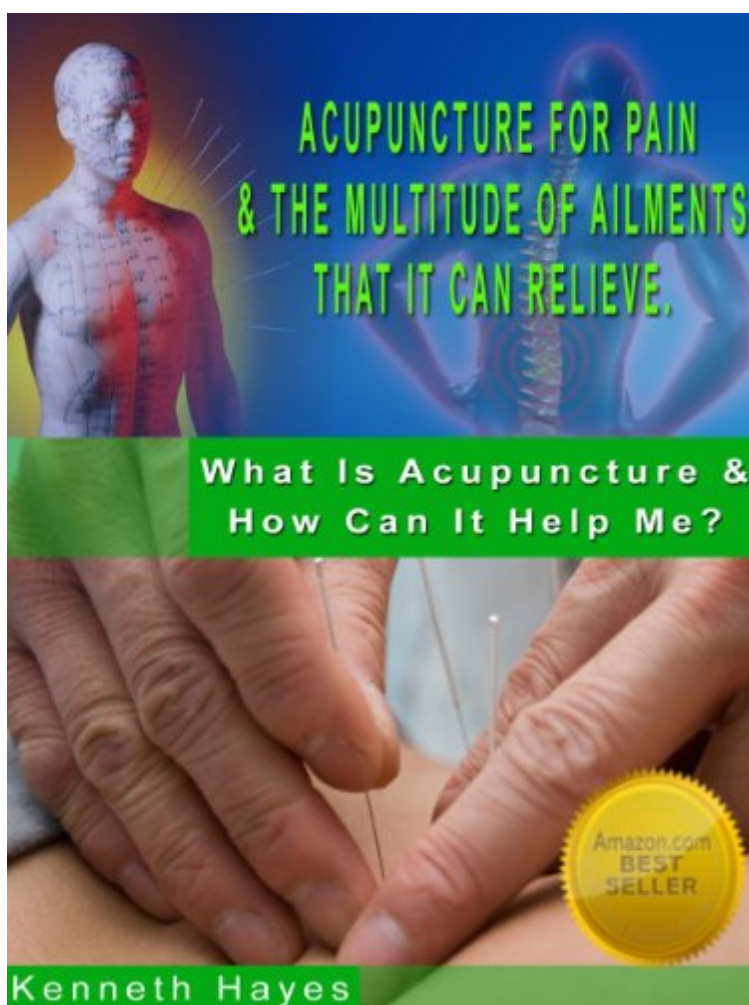


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Acupuncture For Pain The Multitude Of Ailments That It Can Relieve (What Is Acupuncture How Can It Help Me? Book 1) (English Edition)



Par Kenneth Hayes

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which can be treated with it, which are many. It also explains how and why acupuncture is so effective". -C Daniela

Acupuncture For Pain If you're anything like me and someone suggests that you try something that you're not too familiar with, you like to do a bit of research before you make any decisions on whether or not to 'give it a go'. I get that. So I have put together this overview of a broad range of health issues that acupuncture is commonly used for and a bit about how it works to achieve the results that it has for so many. In this book you will learn about:

- How Acupuncture Can Help You Manage Pain** - The powerful effect of endorphins on any pain. Qi, yin and yang, acupoints, acupuncture meridians and much more
- Acupuncture Effectiveness** - Clinical proof of the effectiveness of acupuncture treatment in pain reduction
- Acupuncture For Back Pain** - Pain control for back problems. The importance of local and distal acupoints for back pain relief. Other treatments used in conjunction with acupuncture (eg: cupping),...what they are and how they help
- Acupuncture For Headaches** - Avoiding the nasty side effects of pain management medications. Soothing your headache naturally. And finding the root cause of your pain for prevention
- Acupuncture To Help Digestive Trouble** - How improving digestion, nutritional absorption and metabolic rate can help you feel better AND assist with weight loss
- Acupuncture For Insomnia** - Calming the nervous system without the side effects of, or dependency on, medication
- Acupuncture To Treat Eye, Ear, Nose Throat Issues** - 'Flushing out' infections. Improving your immune system and balancing yin and yang for prevention
- Acupuncture For Allergies** - Alleviating the symptoms, strengthening your body and preventing future problems
- Acupuncture For Nausea** - Neutralizing stomach acids and preventing vomiting. (Often used effectively for chemotherapy patients and pregnant women)
- Acupuncture For Diabetes** - The use of acupoints and Chinese herbs to lower blood sugar levels, relieve symptoms and reduce cholesterol and other medical complications of diabetes
- Acupuncture For Sports Injuries** - Stimulating the body's natural pain relieving agents and reducing recovery time
- Acupuncture Can Help You Lose Weight** - Curbing appetite, combating cravings, boosting metabolism and much more
- Acupuncture For Inflammation** - Removing blockages and improving blood flow and circulation
- Acupuncture For Depression** - Alleviating symptoms and helping to correct chemical imbalances
- Acupuncture Helps With Addiction** - Easing mental and emotional symptoms while reducing the physical symptoms of withdrawal
- Acupuncture Is An Effective Alternative** - How over 2500 years of effective pain relief and faster healing reflects the most researched and developed medical practice available

Will you learn about where the acupuncture points are and how to place acupuncture needles...No! This is not a text book and it takes years of study to become an acupuncturist! Will you become acquainted with a broad range of health issues, and pain relief benefits, of acupuncture, and better equipped to make an informed decision about 'giving it a go'...Yes! Scroll back up to the top now and get your copy of "Acupuncture For Pain The Multitude Of Ailments That It Can Relieve" Presentation de l'diteur Bestseller! Here's What Readers Are Saying..... "If you you know nothing about acupuncture this is an excellent overview of how it works and what it might be used to treat". -G. Groesbeck "BCIAC Fellow..." "Highly recommended for anyone who wants to learn about acupuncture concepts and how it can alleviate, and even eliminate, pain and disease". -Julia Busch... "The description of the ways it can help with different things is pretty complete, including mental issues like depression and addiction. A good primer for acupuncture". -Mr Nerd... "It is a great introduction to acupuncture and lists all the conditions which can be treated with it, which are many. It also explains how and why acupuncture is so effective". -C Daniela

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